



Personal Training Position Available

Do you have a Personal Training style that you consider to be better than most? Are you a self starter with drive and ambition? Are you an easy person to get along with?

If you answered 'yes' to the above questions then we would like to consider you to be a Personal Trainer at Executive Performance.

Position Description for Personal Training role at Executive Performance.

If you have received this information, it is because you have enquired about a personal training position with Executive Performance.

About Us

Executive Performance is an independent personal training Company and has been in operation for 2 years. We conduct mostly 45-minute 1 on 1 Personal Training sessions.

The successful applicant of this job will be the first trainer we employ, which provides a great opportunity to get in at the ground level of a growing business.

We conduct our business underneath the roof of a commercial gym named Soma Collection. We pay a rental fee for Executive Performance to operate there and our clients have a membership to use the facility. It's a great environment. Soma Collection do contract their own Personal Trainers, so you might say that we are in competition with each other; however we all operate harmoniously under the one roof, just like one big team!

Soma Collection is a luxury boutique health and fitness facility in Sydney's CBD.
somacollection.net

Intelligent Training
Professional Results

executiveperformance.com.au



EXECUTIVE
PERFORMANCE

How our business operates

Our personal trainers are on a part-time employment basis; this means that they are paid for the hours that they work. We have a performance based system that rewards people, quite simply the more hours you do, the more you get paid.

Our personal trainers operate like they are “running their own business, inside a business” and the successful ones treat it like it is their own business. That is, they train the clients that we provide them with, as well as having the ability to prospect additional clients.

When a new personal Trainer starts with us, they start with zero or a limited number of sessions, and then we quickly seek to build that trainer up with sessions. We shoot first, then aim second. We have found through experience that this provides the best environment for a new team member to grow into the culture of Executive Performance.

With this in mind, it is advised that all new PT's make themselves as available as possible in the beginning as it is not uncommon to be doing a 6am, 11am & 6pm PT session in the one day! Of course, as our PT's get better and busier, they are able to 'clump' their session times.

We have a strong training philosophy and are looking for people that want to move to the top of the personal training field as part of a successful and motivated group of individuals.

We have ongoing requirements including:

- Client result tracking using our software
- Effective communication to clients outside of sessions
- Professional code of conduct
- Weekly team meetings and professional development workshops
- Performance reviews and regular 'check-ins'
- Complimentary initial PT sessions

Experience

We are looking for a PT that has had experience in actually training clients. Exactly how much experience is not critical (although over 2-years is beneficial), what is critical is for you to have the willingness to learn and develop. Of course, as we do start our PT's with 'real life' clients, we need to guarantee that each PT is technically competent to be placed with that 'real life, paying client'.

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Qualifications

Ideally, we prefer our PT's to have a university degree in a health-related field (eg. Exercise and Sport Science). If not, at least have a Certificate IV in Fitness. We also require our PT's to have current First Aid and CPR certificates.

Looking forward to hearing from you

If you believe that you fit into the category, please pursue the possibility of joining!

The Personal Trainer that we are looking for needs the following:

- To be self motivated and have a strong passion to learn and grow within a great company
- To treat their role at Executive Performance with professionalism and care
- To walk the talk - they must train themselves.
- To have excellent communication, time management, organisational and follow-up skills.
- To genuinely want to help people change their lives.

If you think this might not be right for you, then you are probably correct. We are searching for a remarkable trainer.

If this is for you, simply submit your 2-page CV to Michael at michael@execperformance.com.au immediately as we need you on our team.

Yours in health,

Michael Gostelow